

MINUTES: Healthy Carolinians of Macon County – Board of Directors

DATE: September 3, 2008

PLACE: Health and Human Services Building

TIME: 10:00 – 11:30 AM

ATTENDEES: Rhonda Blanton, Jim Bruckner, Jane Kimsey, Teresa Mallonee, Kathy McGaha, Barbara McRae, Yvonne Smith, Roberta Swank, Carlos Vargas and Martin Wadewitz

TOPIC	DISCUSSION	ACTION	FOLLOW-UP
Welcome and Approval of Minutes	Teresa Mallonee welcomed everyone to today’s meeting of the Board of Directors. Ms. Mallonee asked the board members to review the minutes of the last meeting. Jim Bruckner motioned for the approval of the minutes. Marty Wadewitz 2 nd the motion, with a unanimous vote for approval.		
New Board Members	Kathy McGaha presented the names of the two new board members to the committee members. The first new board member is County Manager, Jack Horton. He replaces Sam Greenwood. The second new board member is John Hollifield, Human Resource Director at Caterpillar.		
HCMC Recertification	Kathy McGaha said she had been contacted by our Regional Consultant, Sarah Thach. Ms. McGaha said Ms. Thach informed her that Healthy Carolinians of Macon County had been recertified. Ms. Thach said that HCMC had not only covered the 9 standards, but met and exceeded each one of them.		
Membership	Kathy McGaha stated that recently the Nomination Committee had met to discuss issues dealing with HC membership. Ms. McGaha said that some issues have developed recently involving membership on our committees. Ms. McGaha led a group discussion on the three following topics: <ul style="list-style-type: none"><li data-bbox="520 1242 1192 1482">○ Maximum Committee Size – Ms. McGaha said the Nomination Committee had discussed the maximum size for HCMC committees and task forces. Ms. McGaha had explained that smaller group of individuals are usually more productive and easier to manage during a meeting. After a group discussion the Nomination Committee		

MINUTES: Board of Directors

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	<p>members suggested limiting membership for each committee and task force to no more than 15 members.</p> <ul style="list-style-type: none"> ○ Membership Process – Ms. McGaha said the Nomination Committee had also discussed what should be involved in the membership process. Some suggestions for the membership process were: <ul style="list-style-type: none"> ▪ Provisional membership ▪ Probation period ▪ Application including at least two recommendations ▪ List qualifications to serve on a committee or task force ▪ Approval by the HCMC Steering Committee <p>Ms. McGaha asked the board members to further discuss and consider each one of these recommendations. Jim Bruckner asked that the HCMC By-laws be sent to each board member for their review. Ms. McGaha offered to research guiding principles and bring these to the next meeting.</p> <ul style="list-style-type: none"> ○ Membership Fee/County No Solicitation Policy – Ms. McGaha said during a recent grant application process the question was asked if our board members made a contribution to HCMC. After a group discussion, the board members agreed to a small membership fee. Ms. McGaha also explained the new county No Solicitation Policy. Ms. McGaha stated that the county had recently enacted this policy. Ms. McGaha explained that Healthy Carolinian partnerships are expected to fundraise to be able to maintain their partnerships. 	<p>Kathy McGaha will send HCMC By-laws to the members of the HCMC Board.</p> <p>Kathy McGaha will research guiding principles and bring these to the next meeting.</p>	

MINUTES: Board of Directors

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WNC Regional Healthy Carolinians Project	<p>Kathy McGaha stated that the Healthy Carolinians partnerships in western North Carolina have combined together to work on a WNC Regional Healthy Carolinian Project. This project is to promote the viewing of the film series “Unnatural Causes” and organizing community dialogues to further discuss the topics covered in this film series.</p> <p>Ms. McGaha said a grant had been submitted to the Community Foundation of WNC. Ms. McGaha said this strategy grant could total up to \$25,000.</p>		
State Healthy Carolinians Survey	<p>Kathy McGaha briefly explained the State Healthy Carolinians Survey to the board members. Ms. McGaha said a State Healthy Carolinians Survey had been developed and mailed out by the Governor’s Task Force Liaison Committee. This survey was sent to candidates running for state and local offices to find out how much they know about Healthy Carolinians and if they participate with a HC partnership. Ms. McGaha said so far she had received three surveys back.</p>		
Funding Sources	<p>Kathy McGaha discussed two funding sources with the board members. Ms. McGaha said these funding sources were:</p> <ul style="list-style-type: none"> ❖ Mental Health Funds – Ms. McGaha said Macon County had assigned funds of approximately \$6,200 to HCMC. Ms. McGaha said these funds will be used for supporting the planning process in support of local mental health needs. Ms. McGaha stated that one suggestion for the grant money is a road trip to look at facilities or the way other counties are handling mental health issues. Ms. McGaha said another suggestion is to hire a grant writer if needed. ❖ State Funding – Ms. McGaha said the state was funding each Healthy Carolinian partnership 		

MINUTES: Board of Directors

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	<p>\$5,700. Ms. McGaha said this funding had the stipulation of being used for the HC Coordinator's position.</p>		
<p>Continued Search for Faith-Based and Highlands BOD Representatives</p>	<p>Kathy McGaha asked the board members to further consider possible candidates for our Board of Directors to cover the board openings from Highlands and the Faith-based Community. Ms. McGaha said to either contact her with names for possible candidates or bring their names to the next meeting.</p>	<p>The board members will send suggestions for candidates for our Board of Directors to her and bring them to the next meeting.</p>	
<p>Other Items for Discussion</p>	<p>Childhood Obesity Grant – Kathy McGaha informed the board members about a Childhood Obesity Grant that had been applied for. Ms. McGaha said the grant would award up to \$475,000 per county, with a proposed total of 4 counties receiving this grant.</p> <p>Ms. McGaha listed the interventions to be covered in the grant and briefly covered them:</p> <ol style="list-style-type: none"> 1) Health Communications/Social Marketing Plan 2) Bicycle/Pedestrian Plan 3) Preschool /Child Care 4) Healthcare 5) WakeMed ENERGIZE 6) Hospital Worksite Wellness 7) In-school Prevention of Obesity and Disease <p>Ms. McGaha said three additional components could also be covered:</p> <ol style="list-style-type: none"> 1) Schools 2) Faith 3) Farmer's Market - (Macon County would not be doing this one.) 		
<p>Next Meeting Date</p>	<p>The next meeting of the Board of Directors will be held on Wednesday, December 3rd, from 10:30 AM – 12:00 N in Meeting Rooms A/B at the Health and Human Services Building.</p>		